

LEEANNE M. MEYERS



☎ X-XXX-XXX-XXXX ✉ leeanneymeyers@gmail.com 📍 St. Catharines, ON (Willing to relocate)

Career Objectives

Emerging **Human Resource Management** professional with a strong background in the promotion of Health, Fitness and Wellness in accordance with active and healthy lifestyle maintenance.

Seeking:

- Position in the Human Resources Department- Generalist, Recruitment, Health and Safety.
- HR position that will allow me to merge my Health and Wellness background
- Variety of tasks and responsibilities to broaden my passion of human relations and customer interaction
- Using all of my transferable customer service and interpersonal skills to impact lives
- Intrinsically motivated to perform a position with my fullest potential

Education

Successfully completed the Human Resource Management Post-Graduate program at Niagara College, and **active and eligible candidate for CHRP**. Am certified in the highest level of **Occupational Health and Safety (Level II)**

Active and eligible candidate for CSEP-CPT

Human Resource Management	Niagara College	January 2015-August 2105
Promotion of Fitness, Health and Wellness	Niagara College	September 2012- April 2014

Relative HR Experience

HR (Co-op) Executive- Cosmos Sports/ Brampton Beasts Hockey Club (ECHL) (4-month internship)

- ✓ **RECRUITMENT**
 - Recruited, contacted, developed pre-screening questionnaires, scheduled interviews for eligible candidates
 - Ran over 25 panel interviews
 - Developed orientation packages
 - Acted as liaison between company and Universities/Colleges in the GTA for internship postings
 - Pre-screened candidates and ran formal interviews, reference checks, and delivered acceptance letters
- ✓ **TRAINING**
 - Facilitated orientation for approx. 20 volunteers
 - Developed and implemented incentive programs to reduce volunteer turn-over
 - Created and implemented training manual for Chas E. Ramson (a manufacturing company in Jamaica)
- ✓ **HEALTH & SAFETY**
 - Level I & Level II Occupational Health and Safety Certification
 - Member of JHSC at Johnny Rocco's St. Catharines
 - Diploma in Fitness, Health and Wellness Promotion

Co-curricular Activities

- 2015 Class Representative for post-graduate Human Resource Management program
- Executive member of HR@NC during post-graduate program
- Volunteer experience at various on campus fairs including promotion of HR@NC
- Attended a Networking and Personal Marketing Tools Seminar
- Attended HR Trade Show at the Toronto Convention Center
- Attended Job Fair at Humber College Representing Cosmos Sports & The Brampton Beasts- Recruiting

Employment & Internship

The Brampton Beast Hockey Club & Cosmos Sports (HR- recruitment intern) September 2015-December 2015
Johnny Rocco's Italian Bar and Eatery (server, bartender- St. Catharines) September 2014- present
Kelsey's Restaurant and Grill (server, bartender- Hamilton) February 2011- August 2014

Other Experience- Health and Wellness

- Field placement: Fitness floor supervisor at The YMCA Niagara Centre
- Field placement: Coordinated and facilitated fitness classes at The YMCA Niagara Centre
- Developed and implemented multiple fitness programs for clients
- Conducted fitness assessments including (BMI, cardiovascular endurance, flexibility, strength training etc.)
- Analyzed health promotion strategies and the effectiveness of a healthy and active lifestyle

References

Catherine Rennie
YMCA Niagara Centre Coordinator
Owns and operates own personal training business
xxxxxxxxxe@xxxx.ca

Carolyn Ambrose-Miller
Head of International Student Affairs (Niagara College)
Personal Training Client
yyyyyyyyy@yyyy.ca

Hiba Ali
HR Colleague at Cosmos Sports Mississauga, ON.
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